**Dr Jeeson C Unni, MD, DCH, FIAP**

Date of birth – 27.7.1955

**Academic qualifications**

1. MBBS - Calicut Medical College – 1976
2. DCH (1982) – Christian Medical College Hospital, Vellore – 1980-1982
3. Research Fellow in Dept of Child Health Unit 2 – 1982-1983
4. MD Pediatrics – Christian Medical College Hospital, Vellore – 1983-1985

**Work experience**

1. Consultant Pediatrician, Holy Cross Hospital, Kottiyam – 1985
2. Consultant Pediatrician, IVGM Hospital, Chalakudy – 1985-1987
3. Consultant Pediatrician, Kunhalu’s Nursing Home, Kochi – 1988 to 2016
4. **Presently working as Sr Associate Consultant, Aster Medcity, Kochi since May 16th 2016**
5. Medical Director, Child Care Centre Cochin, 1996-1998
6. Consultant, Learning Disorders and allied disorders, Child Care Centre, Cochin 2015 to date

**Awards**

1. **Fellow of Indian Academy of Pediatrics (FIAP)** – bestowed with the fellowship in 2006
2. **Honorary Fellowship of the IAP Childhood Disability Group** in 2014

**State level awards**

1. **Dr Bhaskara Varma Award –** 1st prize – free paper – Non teaching Institution – 1995
2. **Best Branch Award of IAP Kerala State as President IAP Cochin Branch –** 2 years consecutively – 1995 and 1996

**National Level awards of Indian Academy of Pediatrics**

1. **IAP Health Care Week Award** 1995 - 2nd Prize
2. **Best IAP Branch Award** – 1995 as President IAP Cochin Branch
3. **Certificate of Appreciation** – 2005 as President IAP Kerala State Branch
4. **Best State Branch Award** – 2005 as President IAP Kerala State
5. **IAP Child Health Week Award** - 2005 as President IAP Kerala State
6. **IAP Teenage Day Award** - 2005 as President IAP Kerala State
7. **IAP ORS week Award -** 2005 as President IAP Kerala State
8. **IAP World Breast feeding week Award -** 2005 as President IAP Kerala State
9. **Award and felicitation for services rendered as Co Chair of IAP Standardisation of Office Practice Program –** 2005
10. **Award and felicitation for services rendered as Editor-in-chief IAP Drug Formulary –** 2006
11. **Award and felicitation for services rendered as Expert for Ask IAP – Action Plan -** 2006
12. **Award and felicitation for services rendered as National Convener IAP Poor Scholastic Performance Program –** 2 years 2007 and 2011
13. **Certificate of appreciation for services rendered as IAP Expert for training in Immunisation – IAP and Public Heakth Foundation of India (PFHI) -** 2013
14. **Award and felicitation for services rendered as National Convener of Appropriate Pediatric Therapeutics Program (APT IAP) –** 2015
15. **Award for contributing to 1st ever book published by IAP National Publishing House on Childhood Disability**

**Publications**

**Editor-in-Chief - IAP Drug Formulary** ([www.iapdrugformulary.com](http://www.iapdrugformulary.com)) – conceived and executed the various facilities of this prestigious **publication of Indian Academy of Pediatrics** and IAP CMIC – being now used by >20,000 pediatricians all over India and abroad

Edited

1. 4 editions of the Textbook of IAP Drug Formulary 2004, 2007, 2010, 2012 and 2015
2. 4 editions of the Pocket Dose Book for Children and Adolescents
3. 2 editions of IAP Drug Formulary Infectious Disease Update
4. Edited and uploaded 42 Web editions with 40 quarterly Web Updates,
5. Conceived the Online Desktop and PDA version
6. Introduced the IAP Drug Formulary mobile apps in all 5 platforms.

**Editorial services provided to medical journals**

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| --- | --- | --- | --- | --- | --- |
| Sl No | Name of Medical Journal | Details | Frequency | Approx circulation | Job roll |
| 1 | Indian Pediatrics | Journal of IAP | Monthly | 23,000 | National Advisory Board 2006 |
| 2 | Indian Pediatrics | Journal of IAP | Monthly | 23,000 | Reviewer2008 till date |
| 3 | Asian Journal of Practical Pediatrics |  | Quarterly | 8000 | Member Editorial Board2006-2010 |
| 4 | Asian Journal of Practical Pediatrics | Special Issue – Learning DisabilityOct-Dec 2002 | Quarterly | 8000 | Guest Editor |
| 5 | Nammude Arogyam | Publication of IMA Kerala | Monthly | 10,000 | Member Editorial Board1998-1989 (4 issues) |
| 6 | Newsletter of IAP Kerala  | Publication ofIAP Kerala | Quarterly | 1500 | Secretary cum Editor1990, ’91 & ‘92(12 issues) |
| 7 | The CPU | Newsletter of IAP Computer and Medical Electronics Group | Quarterly | 800 | Secretart cum Editor2002 & 2003 (8 issues) |
| 8 | IAP Drug Formulary Text Book | Publication of IAP | Once in 3 years | 10,000 | Editor in Chief 4 editions2004, ‘07, ‘10, ‘12 & ‘15 |
| 9 | IAP Drug Formulary Web Updates | Publication of IAP | Quarterly | 20,000 | Editor in Chief 42 editions and 40 Web Updates |
| 10 | The CPU | Nresletter IAP CMIC | Quarterly | 1000 | Editor2001 and 2002 |

**Details of Publications**

1. **Books**
2. **Family Life Education and AIDS Awareness – Training manual for minus two to plus two – 2001;** Editor-in-Chief Dr Jeeson C Unni with IAP Cochin. Editors MKC Nair, Swathi Bhave, Dilip Mukherjee
3. **Life Skills – Interactive Sessions - Minus Two to Plus Two –** 1st Edition – 2003. Dr Jeeson C Unni – Concieved and created a manual with >1000 interactive sessions for LKG to Std XII. Being used in various schools all over India.
4. **Computers for Doctors.** Editor in Chief Naveen Thacker. Executive editors – Niranjan Shendurnikar, Amit P Shah, Jeeson C Unni. 1st edition 2003. Jaypee Brothers Medical Publishers.
5. **Computers for Nurses.** Editors - Naveen Thacker, Niranjan Shendurnikar,. Executive editors – Jeeson C Unni, Jagdish Chinnappa, SS Kamath. 1st edition 2005. Jaypee Brothers Medical Publishers.
6. **Recent Advances in Child Care –** Eds Paul AK, Kamath SS, Jeeson C Unni; 1993, IAP Cochin.
7. **Computerization of Pediatric Practice- Desktop reference series -** Executive Editor, 2007
8. **Contributions to Chapters in various Textbooks**
9. Jeeson C Unni, SS Kamath, Anitha Mathew Mancez M. Learning Disorders in adolescence. In: Course manual for adolescent health. Part II, Indian perspective. Eds Bhave SY, Gupta PK, Jain TS, Nair MKC. 2002; 294-298.
10. Jeeson C Unni. Searching the internet and medicine. Computers for Doctors. Editor in Chief Naveen Thacker. Executive editors – Niranjan Shendurnikar, Amit P Shah, Jeeson C Unni. 1st edition 2003. Jaypee Brothers Medical Publishers.
11. Jeeson C Unni. Searching the internet for medical literature and internet resources for nurses. Computers for Nurses.Editors - Naveen Thacker, Niranjan Shendurnikar,. Executive editors – Jeeson C Unni, Jagdish Chinnappa, SS Kamath. 1st edition 2005. Jaypee Brothers Medical Publishers.
12. Jeeson C Unni, Kamath SS; Chinnappa J. CD Rom on pediatrics for nurses. Computers for Nurses.Editors - Naveen Thacker, Niranjan Shendurnikar,. Executive editors – Jeeson C Unni, Jagdish Chinnappa, SS Kamath. 1st edition 2005. Jaypee Brothers Medical Publishers.
13. Jeeson C Unni. Contributed as Expert. In: Ask IAP – IAP Action Plan 2006.
14. Jeeson C Unni. Rational drug therapy in pediatric infectious diseases, IAP specialty series on pediatric infectious disease (Under IAP Action Plan 2006. Eds Ghosh TK, Yewale V, Parthasarathy A, Shah NK. IAP 2006; 41-57.
15. Salhan RN, Pemple AK, Jeeson C Unni. Adolescent health policy and programs. Bhave’s Textbook of adolescent medicine. 1st edition. Eds Bhave SY, Nair MKC, Parthasarathy A, Menon PSN, Greydanus DE. Jaypee Brothers Medical Publishers. 2006; 1007-1013.
16. Jeeson C Unni, Prajapati NC. Dosages of common medications in the adolescent. Bhave’s Textbook of adolescent medicine. 1st edition. Eds Bhave SY, Nair MKC, Parthasarathy A, Menon PSN, Greydanus DE. Jaypee Brothers Medical Publishers. 2006; 1007-1013.
17. Jeeson C Unni. Essential drugs in pediatrics. IAP Textbook of Pediatrics. 5th edition. Eds: Parthasarathy A, Menon PSN, Gupta P, Nair MKC, et al. IAP National Publishing House, Gwalior. 2013; 1113 1119.
18. Jeeson C Unni. Annexure: Drugs and dosages. IAP Textbook of Pediatrics. 5th edition. Eds: Parthasarathy A, Menon PSN, Gupta P, Nair MKC, et al. IAP National Publishing House, Gwalior. 2013; 1129-1166.
19. Jeeson C Unni. Specific learning disabilities. Partha’s fundamentals of pediatrics. 2nd edition. Eds: Parthasarathy A, Borker AS, Nair MKC, Bhave SY. Jaypee Brothers Medical Publishers. 2013; 509-517.
20. Jeeson C Unni. Drug dosages in pediatric infections. Textbook of pediatric infectious diseases. 1st edition. Eds: Parthasarathy A, Kundu R; Agarwal R, Choudhury J, et al. Jaypee Brothers Medical Publishers. 2013; 530-591.
21. Jeeson C Unni. Websites containing reliable information regarding immunization. IAP Textbook of Vaccines. 1st edition. Eds: Vashishtha V, Agarwal R, Sukumaran TU, et al. IAP National Publishing House, Gwalior. 2014; 602-608.
22. Jeeson C Unni. Administration of medications. PG Textbook of Pediatrics. 1st edition. Eds: Gupta P, Menon PSN, Ramji S, Lodha R. Jaypee Brothers Medical Publishers. 2015; 218-232.
23. Jeeson C Unni. Essential drugs in pediatrics. IAP Textbook of Pediatrics. 6th edition. Eds: Parthasarathy A, Nair MKC, Menon PSN, Kundu R, et al. IAP National Publishing House, Gwalior. 2016; 1282-1335.
24. Jeeson C Unni. Learning disabilities. IAP management algorithms for common pediatric illnesses. 1st edition. Eds: Parthasarathy A, Nair MKC, Menon PSN. Kundu R. Jaypee Brothers Medical Publishers. 2016; 287-292.
25. Jeeson C Unni. Learning disabilities. Partha’s management protocols in pediatric adolescent practice. 1st edition. Eds: Parthasarathy A, Gupta A, Borker AS, Dharmapalan D. Jaypee Brothers Medical Publishers. 2016; 446-465.
26. **Publications in medical journals**
27. Date A, Unni JC, Raghupathy P, Jadhav M, Pereira SM, Richard J, Jacob CK, Kirubakaran MG, Shastry JC. The pattern of medical renal disease in children in a south Indian hospital. Ann Trop Paediatr. 1984 Dec; 4(4): 207-211.
28. Unni JC, Date A, Raghupathy P, Shastry JC. Medical renal disease in South Indian infants. Acta Paediatr Scand. 1986 Nov; 75(6): 1030-1031.
29. Unni JC, Richard J. Infant feeding in urban south Indian families. Indian Pediatr. 1986 Jan; 23(1): 41-45.
30. Mohandas V, Unni J, Mathew M, Steinhoff MC, Rajan DP, Mathan M, Pereira SM. Aetiology and clinical features of acute childhood diarrhoea in an outpatient clinic in Vellore, India. Ann Trop Paediatr. 1987 Sep; 7(3): 167-172.
31. .Unni JC, Richard J. Growth and morbidity of breast-fed and artificially-fed infants in urban south Indian families. J Trop Pediatr. 1988 Aug; 34(4): 179-181.
32. Jeeson UC, Richard J. Factors influencing breastfeeding behaviour. Indian Pediatr. 1989 Oct; 26(10): 997-1002.

# Jeeson UC, Prabhu S, Nambiar D. Prenatal diagnosis of achondrogenesis. Indian Pediatr. 1990 Feb; 27(2): 190-193.

# Jeeson C Unni, Janaki Shankaran. Adolescent sexuality and relationship. IJPP 1998; 6(1): 41-46.

1. Jeeson C Unni, Susan George. Learning disability. The pediatricians role. IJPP 2001; 3(3): 225-232.
2. Jeeson C Unni. Learning disability - Guest editorial. Asian journal of practical pediatrics 2002 6(2): 8.

# Philip John, Jeeson C Unni, Ann B Mampilly. Co-morbid childhood disorders and learning disorders: Can medications help? Asian journal of practical pediatrics 2002; 6(2): 10-16.

1. Jeeson C. Unni. IAP drug formulary 2004. Indian Pediatrics: Mar 2006; 43: 274 – 275.
2. Jeeson C. Unni. Atomoxetine. Indian Pediatrics: Jul 2006; 43: 603 – 612.
3. Jeeson C Unni. Adolescent Attitudes and Relevance to Family Life Education Programs. Indian Pediatrics: Feb 2010; 47: 176 – 179.
4. Unni JC. Specific learning disability and the amended "Persons With Disability Act". Indian Pediatr. 2012 Jun; 49(6): 445-447.
5. Jeeson C. Unni, S. Sachidananda Kamath. ARSH 10: Adolescent Immunization Revisited.The Indian Journal of Pediatrics. November 2013, 80, S2 244-247.

# Jeeson C Unni. http://www.cppr.in/uncategorized/polio-eradication-in-india/

1. Jeeson C Unni, Susan George. Learning disability. The pediatricians role. IJPP 2001; 3(3): 225-232.
2. Jeeson C Unni. Searching for evidence based medical literature – The wonderful world of PubMed. Indian Journal of Practical Pediatrics 2004; 6(3): 209-218.
3. Jeeson C Unni. Intravenous immunoglobulin (IVIG) in pediatric practice. Indian Journal of Practical Pediatrics. 2010; 12(1): 79-86.
4. Jeeson C Unni. Macrolides in Children. In: Inborn Errors of Metabolism. Indian Journal of Practical Pediatrics 2010; 12(2):194-201.
5. Jeeson C Unni. Quinolones in pediatrics. In: Rheumatology. Indian Journal of Practical Pediatrics 2010; 12(3):310-317.
6. Jeeson C Unni. Use of beta-lactam antibiotics in pediatric infections. In: IAP-IJPP CME 2010. Indian Journal of Practical Pediatrics. 2010; 12(4): 433-444.
7. Jeeson C Unni. Aminoglycosides in pediatric practice. In: Infant and child nutrition. Indian Journal of Practical Pediatrics 2011; 13(1): 83-90.
8. Jeeson C Unni. Glycopeptides in pediatric practice. In: Gastroenterology. Indian Journal of Practical Pediatrics 2011; 13(2): 207-215.
9. Lincosamides, oxazolindiones and streptogramins in pediatric practice. In: Cardiology. Indian Journal of Practical Pediatrics 2011; 13(3): 305-311.
10. Jeeson C Unni. Betalactamase inhibitor combinations in pediatric practice. In: Endocrinology.Indian Journal of Practical Pediatrics 2011; 13(4): 429-437.
11. Jeeson C Unni. Monoclonal antibodies in pediatric therapeutics. In: Pulmonology. Indian Journal of Practical Pediatrics. 2012; 14(3): 339-350.
12. Jeeson C Unni. Volume expanders in pediatrics. In: Developmental pediatrics. Indian Journal of Practical Pediatrics. 2012; 14(4): 451-457.
13. Jeeson C Unni. Newer anti - amoebic drugs. In: IAP-IJPP CME 2012. Indian Journal of Practical Pediatrics 2013;15(1): 58-61.
14. Jeeson C Unni. Antemetics in pediatrics. In: Supportive and Palliative Care. Indian Journal of Practical Pediatrics. 2013; 15(2): 148-153.
15. Jeeson C Unni. Antihistamines in pediatrics. In: Allergic disorders. Indian Journal of Practical Pediatrics. 2013; 15(3): 229-233.
16. Jeeson C Unni. Use of anti-inflammatory drugs. In: IAP-IJPP CME 2013. Indian Journal of Practical Pediatrics. 2013; 15(4): 331-334.
17. Jeeson C Unni. Antihypertensives. In: Critical care–I. Indian Journal of Practical Pediatrics. 2014; 16(1): 80-88.
18. Jeeson C Unni. Probiotics amd prebiotics in children. In: Critical care–II. Indian Journal of Practical Pediatrics. 2014; 16(3): 192-195.
19. Jeeson C Unni. Drugs for constipation. In: Perinatology. Indian Journal of Practical Pediatrics. 2014; 16(3): 306-309.
20. Jeeson C Unni. Cough and cold remedies in children – use with caution. In: Tuberculosis. Indian Journal of Practical Pediatrics. 2014; 16(4): 406-408.
21. Jeeson C Unni. Evidence based use of systemic steroids in [pediatric practice. In: IAP-IJPP CME 2014. Indian Journal of Practical Pediatrics. 2015; 17(1): 56-61.
22. Jeeson C Unni. Antimalarials. In: Adolescent care. Indian Journal of Practical Pediatrics. 2015; 17(2): 153-158.
23. Jeeson C Unni. Asthma medications in children. In: Update on vaccines. Indian Journal of Practical Pediatrics. 2015; 17(3): 236-241.
24. Jeeson C Unni. Protein pump inhibitors (PPI) in children. In: IAP-IJPP CME 2016. Indian Journal of Practical Pediatrics 2016; 18(1): 1-4.
25. Jeeson C Unni. Onset of Puberty in Relation to Obesity. Editorial. Ind Pediatr 2016; 53: 379-380
26. Articles on ‘Drug Profile’ in every issue of Indian Journal of Practical Pediatrics (Journal of the Indian Academy of Pediatrics)
27. Articles on ‘Know your drug’’ in every issue of Pediatric Companion (Newsletter of the Indian Academy of Pediatrics, Kerala State Branch)

**Activities for betterment of Pediatric Services in the country**

1. **National Convener – Indian Academy of Pediatrics Poor scholastic performance program 2007 & 2011** – Convenor of the module for Poor Scholastic Performance of IAP with which 100’s of workshops for pediatricians, psychologists, teachers, parents, management of various schools and general public have been conducted all over India over the last 9 years.
2. Actively involved in **IAP advocacy for children with learning disorders** - to get Learning Disorders included as a ‘disability’ in the to-be-amended Person’s With Disability Act of Govt of India.
3. Actively involved with IAP Childhood Disability Group as Advisor
4. **Co Chairperson of the Inspection Committee** to assess institutes / child development centers for accreditation to conduct **IAP Fellowship in Developmental and Behavioral Pediatrics**
5. Actively involved in Baby Friendly Hospitals initiative – Faculty BFHI Task Force; assessed hospitals in Ernakulam, Alapuzha and Thrissur for certification
6. Nodal person of program of UNICEF and NNF Kerala 2001-2002 – training Kudumbasree Program workers in 9 districts of Kerala on Essential Newborn Care
7. Convener, Essential Newborn Care module for nurses and pediatricians, Kerala – 2001-2002
8. Convener FLE curriculum for schools IAP Cochin Branch since 1998
9. Formulated a community based program for children with Specific Learning Disability as President IAP Kerala State Branch in association with Indian Psychiatry Society and ALDI – 2004-2005.
10. Associated with Sishu Bhavan of Missionaries of Charity in their adoption program for a few years – during that time conducted yearly sessions for parents of adopted children

**Posts held in Indian Academy of Pediatrics**

1. Editor-in-Chief IAP Drug Formulary 2004 till date
2. Member National Executive Board IAP 2015
3. Member IAP Advisory Committee on vaccines and immunization practices (IAP ACVIP) - 2016
4. Secretary, Indian Academy of Pediatrics, Cochin Branch - 1991-1993
5. President, Indian Academy of Pediatrics, Cochin Branch - 1995
6. Secretary, Indian Academy of Pediatrics, Kerala State Branch – 1989-1992
7. President, Indian Academy of Pediatrics, Kerala State Branch 2005
8. Secretary, National Neonatology Forum. Kerala State Branch 1998-2000
9. President, National Neonatology Forum. Kerala State Branch 2001-2002
10. Secretary, IAP Computers and Medical Informatics Chapter 2001 and 2002
11. Chairperson IAP Computers and Medical Informatics Chapter 2003-5
12. Member - IAP software committee
13. Convener Div Round National Neonatology Forum PG Quiz on neonatology 1998 and 1999
14. Member Executive Board of IAP Cochin Branch since 1989
15. Member Executive Board of IAP Kerala State Branch since 1989
16. Member Executive Board of IAP CMEG (now IAP CMIC) since 1995
17. Member Executive Board of IAP Childhood Disability Group
18. Co- National convenor of SCOPP - Standardisation and Computerisation of Pediatric Practice
19. National Convener of the IAP Action Plan 2015 - Appropriate Pediatric Therapeutics (APT IAP) – supervised creation of the module and conducted workshops and CMEs on drug use in pediatric super specialties all over India
20. Resource person and Master Trainer for various IAP Action plans –
21. Ask IAP, Standardisation of Pediatric Practice,
22. SCOPP
23. Life Skills Programs
24. Science of Vaccinology,
25. Poor scholastic performance program,
26. Rational antibiotic therapy 2014,
27. Mission Kishore Uday 2013.
28. APT IAP
29. MINIRESPIRE
30. Medical Director - Child Care Centre, Cochin 1996-1998 and involved with its functioning since its inception in 1995; and now Consultant Pediatrician at this Child Care Centre dealing with children with Learning Disorders
31. Organised various State, South Zone and National conferences of IAP and its sub specialties in Cochin
32. Organised 2 National Conferences of IAP Drug Formulary – PEDIMEDICINE
33. Website Editor, IAP Kerala State Branch 2000-2004.
34. Editor Newsletter of IAP Kerala State Branch 1990-1992 (Quarterly)
35. Trustee IMA Blood Bank 2001-2002
36. IAP Website Committee member 1000 and Co-Chair 2003-2004
37. Kerala State Coordinator of Polio Eradication Program

**Membership of expert committees**

1. IAP Kerala Task Force to formulate recommendations for planning state level adolescent interventions of RCH II – 2005
2. WHO committee to create Essential Medicines List for developing countries

**Faculty in numerous conferences in the country and abroad**

**Special interests** –

1. Pediatric therapeutics
2. Vaccinology
3. Learning disability
4. Family Life Education
5. Life skills training for children
6. Adolescent Medicine
7. Computers in pediatrics

Member IAP, IMA, NNF, IAP CMIC, IAP Chapter of Neuro Developmental Pediatrics, Adolescent Health Academy, CANCL, Rotary Club of Cochin Metropolis, 41er's Club, Lotus Club, Regional Sports Centre. Past member of Round Table India and Chairman Greater Cochin Round Table.

Married to Meera - Architect, Cochin

Daughter Dr Riya Jeeson MD Radiodiagnosis, Asst Prof Radiology, Vaidehi Medical College, Bangalore; and Son Dr Jacob Jeeson MBBS

Presently – Sr. Associate Consultant, Dept of Pediatrics, Aster Medcity , Cochin